



NATIONAL NUTRITION MONTH! PROMOTIONS & EVENTS



Grab your spring veggie starts at **Mellie Mac's Garden Shack** and drop a few dollars in our flower pot to support the UGrow program and Bounty & SOIL garden!

Mountain Fairy Hair is donating a % of sales all month, get your sparkle on!



Check out **BAD Craft's** 'Pint of the Week' special and a % of each featured pint will help us bring fresh #ProduceToThePeople! Mention Bounty & Soul and receive 10% off all art.

Pancakes anyone? A % of sales from all pancakes at **Louise's Kitchen** will be coming our way all month!



Support our Dine Out Day at **FRESH Woodfired Pizza Wednesday, 3/24!** A % of sales from all dine-in and take-out orders will go directly to our cause.

Swing by **Open Oven Bakery** for breakfast or lunch and round up to the nearest dollar by dropping your change in our collection jar at the register!



Grab some farm fresh fare at **Copper Crown** in East AVL at our Dine Out/Take Out Day **Monday, 3/15** and 15% of sales will go to Bounty & Soul.

A % of sales from **One World Brewing's** best-selling Asheville Pale Ale available by the pint, growler or crowler can will keep our world going round! Their food truck **Umami Mami** will also be cooking up some goodness with a \$1 from every Vegan dish benefiting our cause.



Cousin's Cuban Cafe will be donating a % of sales from different vegetarian menu items throughout the month. They'll also be drawing a name each week for a chance to win a gift certificate!

Swing by **La Semilla Food Truck**, often parked at Wedge Brewing and fill out a Pledge Card while you await your nourishment. Over 80% of their ingredients are locally-sourced or organic!



Thank you to our Healthy Food & Fund Drive partners at The Learning Community School, Asheville High School, Christ Community Church, and Owen High School for collecting healthy shelf-stable items and essential funds!

CHECK BACK BECAUSE NEW PARTNERS ARE ADDED THROUGHOUT THE MONTH!