

**JOIN US**



# bounty & SOUL Latino



## Healthy FOOD Healthy Families



### Family & Community Wellness

- **Wellness Checks**
- **Glucose & blood pressure screenings**
- **Flu, Tetanus, Shingles, COVID-19 vaccines**
- **Community & Family resources**

**216 Whitson Ave  
Swannanoa  
28778**



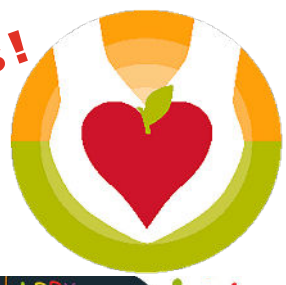
**Wednesday  
April 19  
Wellness checks  
3:00-5:00pm  
Market  
4:00-5:00pm**



**Free Event**



**! Los Esperamos!**



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**HAPPY Vegetables!**



## Comidas Saludables Familias Saludables



### Bienestar familiar y comunitario

- **Controles de bienestar**
- **Exámenes de glucosa y presión arterial**
- **Vacunas contra la gripe, el tétanos, la culebrilla y el COVID-19**
- **Recursos familiares y comunitarios**

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**Miércoles  
Abril 19**

**Controles de bienestar  
3:00-5:00PM**

**Mercado  
4:00-5:00PM**



**Evento Gratis**

