

Free Crisis Counseling for Residents & Aid Workers affected by Helene

WHAT

Free short-term counseling via teletherapy – all you need is access to the internet, a smartphone or computer, and a place to talk.

We work with families and individuals of all ages.

WHO

Anyone who has been affected by Helene, whether resident or response worker

HOW

Call us at 919-781-8370 or email info@nlbh.org

Mention that you are a resident impacted by the hurricane or helping with relief efforts and we'll get you routed to our program for free help.

We'll send some simple forms by email, and it will be included that all services in this program are free of charge

New Leaf Behavioral Health is a nonprofit mental health organization in Raleigh, NC.
We're here for you so please let us know how we can help.



New Leaf Behavioral Health